

~~Coordinator #0664 ~ Muse, News & Views~~

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Farewell: As we bid adieu to 2010, our arms are open with eager expectations for what will be coming in the new year of 2011. We, as TOPS members, have a clean slate to begin each year. This gives us an opportunity to adjust our goals and time to achieve them in the new year. What is your goal for 2011? If you don't have one, how will you know when you have succeeded?

"The Road to Success": This is TOPS theme for 2011-2012. Let's make "On the Road Again" our Theme song. (I don't think Willie Nelson would mind) Before we set off on our journey we need to know where we are going, so what is our destination? What route are we going to take? Are we using out of date road maps or an up-to-date GPS? Having the latest tools will help us avoid roadblocks and other hazards along the way. We will need to get our engines checked before we set off on the trip? A healthy vehicle is necessary for a lengthy journey. Oh how much fun we'll have along the way! I can't wait to send post cards from all of our stops. We'll want our chapter's to be a part of our Road Trip! Ok, Let's get our adventure started!

TOPS VA SRD 2011 The date is April 1st & 2nd, the place is The Founders Inn, the address is 5641 Indian River Road, Virginia Beach. Room rates are \$141.12 single and \$152.42 double which includes tax. All information is in the SRD Packet!! WATCH the DEADLINES!

SRD is for YOU and cannot be successful without YOUR attendance. Come to be inspired and join in the celebration of our successful VA TOPS. SRD is a special event. What you miss this year cannot be repeated!

SRD Reserved Seating: There will be reserved seating for the chapters with the most new members between 10-1-10 to 2-28-11. Will one of those seats be reserved for you?

TOPS Information and Forms: It is necessary that all records and forms remain secure and are only downloaded by Field Staff, Chapter Leaders and Chapter Designates. Leaders and Chapter Designates please activate your accounts and use them regularly. After your account is activated, you can log in and print forms as well as get many other helps for your chapter. Also go to www.topscares.com. to find many fantastic ideas for contests and programs.

Coordinator New Member Bonus - Reminder: The chapter with the most new members from 9-1-10 to 9-1-11 will receive a Bonus of \$25.00 from me. Also a raffle ticket with the new members name and \$1.00 will be put into a drawing for each Area Captain's Fall Rally. If the new member is present at the drawing, he/she will receive all of the money in the container.

Can You Imagine? Weighing in at your goal weight? Moving about freely, lightly? Enjoying activity? Playing with children? Walking up stairs easily? Getting in and out of cars effortlessly? Eliminating joint pains? "Slipping" into stylish clothing? Swimming? Looking at yourself in a mirror and liking what you see? 2011 is the year and we have the skill to achieve everything we CAN IMAGINE.

Love and Hugs to all, Myrna

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