

VIRGINIA BUZZ BY JUDY

HAPPY NEW YEAR – JANUARY 2011



“THE ROAD TO SUCCESS”

This is our new TOPS theme for the next two years. Remember at Fall Rally we talked about going down the road to success? What a way to start the New Year!!! A New Year, New Start and a New Time to start our engines for OURSELVES! If you did not make your goal in 2010, we can make it this year in 2011. Let this be a New Beginning and a New Starting Line. We all started the year with a black mark on our weight charts – let’s see how many black months we can have this year. This would be a good challenge. So far, all my weeks in January have been in the black! This is going to be a great year for all of us. Remember, we can do it with one lap at a time. Do you have your goal weight written down? We must know where we are going before we can plan on how to get there. I wish you the best in 2011 and hope to see you at your destination.

CHAPTER RESUMES -To all chapter Weight Recorders, Asst. Weight Recorders and Leaders, who did the chapter resumes and sent them to me on time, a BIG THANKS!!!! I had many perfect resumes this year and I was very proud of you. Enclosed I have a copy of your resume with any corrections and your chapter certificates for each Division Winner and Chapter Royalty. You will learn of the state winners at SRD....so please join us in Virginia Beach to see all of the Winners.



TOPS Information and Forms - It is important that our TOPS forms section and membership information remain secure and are only downloaded by Field Staff, Chapter Leaders (or authorized member) and Chapter Designates. TOPS headquarters receives many emails from weight recorders and other members who are trying to access the forms to print out or the Leader's Corner and all of its dynamic features. This cannot be done unless one logs in as the leader or chapter designate or as field staff. I would like to remind you of the procedure for downloading forms. Remember, only the Leader or chapter designated will be able to activate your chapter accounts. Leaders and Chapter Designated persons needs to activate their account and use them regularly. To do this

Go to www.tops.org then click: Member/Leader/Staff Area

Locate "Never logged in? Click on **Activate your account**

The **Login** is the **membership number** and **Chapter ID** is always 2-letter state/province abbreviation, 1 space and 4-digit chapter number. **After activating the account**, they may log in using the membership number and the **Default password** which is First two letters of First name plus First four letters of Last name (no capitol letters and no spaces between any of the letters).

After the account is activated, the leader or chapter designate may log in to easily print all forms needed as well as get so many other kinds of help to run their chapters better.

Membership Applications – Please make sure you forward all membership applications in a timely fashion. Make sure you double check to see that the date paid is on the application along with the member’s starting weight. These are the two things that holds a membership once I receive them. Also make sure if you have a ½ price membership that the spouse is paid up and active. Make sure that the leader’s membership is paid on time. The chapter should be paying the leader’s membership so this should never be late. Also, please make sure you have my correct address as I am still getting mail at my old address. The new address is 1444 Glenbrooke Dr, Lynchburg, Va 24503. The phone number stayed the same.



When you have any new members, please make sure you give them a “My Day One”. This is very very important. I had given you some at your Fall Rallies and I am getting ready to send out some more. If you have had a new member since Nov/Dec you will be getting a “My Day One” to replace the one that you gave that new member. If you are in need of these please let me know ASAP. These are for new members only.. If you have members that have misplaced theirs, they can go on line and print one out or order one for \$2.00. Please do not let a new member go home without one!!

SRD NEWS



“TOPS GOES HOLLYWOOD”

April 1 – 2, 2011

FOUNDERS INN
VIRGINIA BEACH

Please plan on coming early and staying late. ‘Come and enjoy the weekend. It will be Time for Virginia to Shine. When booking your room reservations please book through the hotel. Our SRD cost is fixed on the number of rooms we will fill. The more rooms, at the listed rate, the lower the charges are for our meeting rooms. Your support is greatly appreciated. Please watch for deadlines. Please don’t miss deadlines so you won’t have to pay a higher price.

I hope each of you had a wonderful Holiday season and ready to start our engines for 2011... I am always here for you if you need me... Love to each of you....

Judy

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LIFE is a SONG..... SING IT
LIFE is a GAME PLAY IT
LIFE is a CHALLENGEMEET IT
LIFE is a DREAM REALIZE IT
LIFE is a SACRIFICE.....OFFER IT
LIFE is LOVE.....ENJOY IT

Sai Bab

We have to get up every morning with the determination to make it a good day.... If we are determined then we can do anything we set out to do. We must get up in the morning with the determination to go to bed with satisfaction. At the end of day we must ask ourselves...”Have we done our “BEST””? Only you will know the answer. One step at a time...this year let’s make it our best year! Remember

“ We are on the Road to Success!!!!!!”